

H.R. 9723

# FIT FUTURE ACT

AUTHOR: REP. RYAN MACKENZIE (R-PA) | COMMITTEE VOTE: UNANIMOUS

 EdWorkforceCmte EdWorkforceCmte[edworkforce.house.gov](https://edworkforce.house.gov)

## BACKGROUND

- Kids need regular physical activity to grow up healthy and strong. But today, only 20 percent of children meet the recommended 60 minutes of daily activity, and about 1 in 5 American children and teens have obesity.
- To address this problem, President Trump signed an executive order to strengthen the President's Council on Sports, Fitness, and Nutrition and bring back the Presidential Fitness Test.

## THE PROBLEM

- Too many kids are growing up without healthy habits—and the consequences can last a lifetime.
- Childhood obesity and inactivity raise the risk of serious health problems later in life, adding to America's health care costs and weakening our future workforce and military readiness.
- And because the current youth fitness initiative was created by executive order, a future president could reverse it.

## THE SOLUTION

- H.R. 9723, *Fit Future Act*, puts President Trump's executive order into law, making the President's Council and Presidential Fitness Test a lasting national priority.
- The bill also directs the Council to find ways to help more kids get active and participate in sports, including kids who face barriers to participation.

## THE BOTTOM LINE

**H.R. 9723 makes President Trump's push for youth fitness lasting policy—helping more kids get active, build healthy habits, and grow into healthier adults.**