

What Would You Do With #YourTime?

The Working Families Flexibility Act of 2013 will allow employers to offer private-sector employees the choice of paid time off in lieu of cash wages for overtime hours worked, helping more Americans find better work-life balance.

Spend more time with your kids?



More than half of working parents find it difficult to balance work and family, and **33 percent of parents** say they are not spending enough time with their children.



Meet the needs of your military family?



55 percent of military personnel are married and 40 percent have two or more children. While service members are deployed, military spouses must singlehandedly manage work and household responsibilities.

Earn your degree?



1 in 3 students work full time while pursuing an undergraduate degree, juggling studying, papers, and exams as they earn a paycheck.

More than 50 million working Americans spend roughly **8 hours a week** providing care for aging relatives, a challenge when balancing the demands of a job.



Care for a loved one?

Enjoy your favorite hobby?

Just **44 percent of working parents** feel they have enough time for personal activities, such as exercising and reading.

